# SpreadKindness #YouAreLoved April 2022 Yachats Community Presbyterian Church Month of Kindness

Sun	Mon	Tue	Wed	Thu	Fri	Sat
March 27 <b>Kindness</b>	March 28	March 29	March 30	March 31	1	2 Kindness to Self
'Kick-Off'	How can I be more kind	to myself? What feels I	kind to me? How do othe	ers show kindness to me?	What kind things am I	2:30-4pm
YCPC 10am	already doing? How do	I show kindness to other	s?			YCPC
3 Sermon Series:	4	5	6	7	8	9
The Power of Kind Words YCPC 10:00 am Concert 2:00 pm	Say a kind word to othe	rsWrite a kind note to s	omeone (neighbor, store	clerk, partner, child, strai	nger, myself)	Kindness in Words 2:30-4pm YCPC
10 Sermon Series:	11	12	13	14	15	16
The Power of Kind Hearts YCPC 10am	Each day do these three 3) Do one kind thing.	things: 1) Note one thin	g that you are thankful fo	or 2) Notice one thing of	beauty (flower, sunset, pe	erson, creature)
Barb Ryan 11:30 am	.0					
17 Sermon Series:	18	19	20	21	22	23
The Power of Kind Deeds YCPC 10am	Do a Random Act of Kin with a repair)	dness (pick up some litte	r, give someone a treat, n	nake a meal for someone	, help someone	Kindness to the Earth 2:30-4pm YCPC
24 Sermon Series:	25	26	27	28	29	30
Kindness is Contagious YCPC 10am	Give someone a break	(provide respite, offer to	babysit, give someone a r	ide who needs it, pick up	someone's groceries)	In Gratitude For Kindness/ Kindness Fair
Concert 2:00pm						2:30-4pm, YCPC
31	Join the	Kindne	ss Tean	n!	YOU	ARE

### **KINDNESS EVENTS:**

Saturday, April 2

Take a SELFIE: Kindness to self!!

Join the Kindness Team!!

2:30-4pm, YCPC

Join the Team as we explore being kind to ourselves so

we are better able to be kind to our neighbors.

Participants receive: T-shirt

All materials provided.

# Saturday, April 9

**Take NOTE:** Kindness in Words ROCKS!!

Join the Kindness Team!!

2:30-4pm, YCPC

Bring the family and join the Team and YYFAP as we

write and deliver thank you notes and ROCK Yachats with kindness.

Participants receive: T-shirts and a book

All materials and pizza dinner will be provided.

# Saturday, April 23

**Take out the TRASH:** Kindness to the Earth

Join the Kindness Team!!

2:30-4pm, YCPC

Join the Team and SOLVE as we clean up some of our

favorite places in Yachats.

Sign up at: solveoregon.org (or you may register day of event at YCPC)

Participants receive: T-shirts and Bee kind seeds

All materials provided.

### Saturday, April 30

**Take a BOW:** You've done a SOUPer job being kind!

Join us as we celebrate all those who help to #SPREADKINDNESS.

2:30-4:00 pm, YCPC

Soup dinner and Kindness Fair

Participants receive: T-shirt

All materials provided.

### **CONCERTS:**

Sunday, April 3, 2:00 pm

**Deva Priyo** - Join us for an afternoon of musical fun, kindess and fellowship with Deva Priyo, Perennial favorite at the Oregon County Fair.

## Sunday, April 24, 2:00 pm

**Steven McVay** - Join us for an afternoon of musical fun, kindness and fellowship with the classic "soft rock" stylings of local Yachats favorite Steven McVay.

### **SPEAKER:**

Sunday, April 10, 11:30 am

**Barb Ryan -** Spreading Joy by teaching happiness tools, Barb is changing the world one person at a time. Also known as the "Guidess" of Happiness, Barb is a counselor, life-coach, officiant, and author of "Love Loves Fear."

